

HYDRAFLOW QUARTERLY



Issue 87 *Keeping you informed* July 2023

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Happenings at Hydraflow!

Cindy Ayloush, Sasha Ayloush and Dave Lindahl at the Hydraflow booth during the 2023 Interiors Show in Hamburg, Germany. →



Pictures from Hydraflow's annual family picnic! Employees enjoyed bounce houses, a photo booth, ice cream treats, games, temporary tattoos... and of course In N Out!



THE FOLLOWING EMPLOYEES RECEIVED 100% ON THEIR EXAMS (April 2023 – June 2023):

Mitchel Aylouche (Quality Delegate Re-evaluation)
Gloria Cotero (Clamshell)
Gabriella Guzman (Inspection Re-evaluation)
Bradley Haskell (Quality Delegate Re-evaluation)
Ivonne Hernandez (Clamshell)
Miguel Hernandez (Quality Delegate Re-evaluation)
Eduardo Jimenez (Quality Delegate Re-evaluation)
Aldo Martinez (Solder Inspector/Operator)
Rony Molina (Solder Operator)

Angela Osorio (Clamshell)
Pragna Patel (Electrical)
Benjamin Pluma (Heat Aging)
Natalie Rodriguez (Quality Delegate Re-evaluation)
Sam Sanchez (Calibration and Inspection Re-evaluation)
Elisa Sandoval (Solder Inspector/Operator)
Tiffany Tran (Electrical)
Jazmin Villasenor (Clamshell)



Our current wellness partnership with Go365 will end on July 31! That doesn't mean that you need to rush out and spend your hard earned bucks at their mall, because Hydraflow has partnered with Vitality Health and all of our bucks will transfer over to our new Vitality plan effective August 1! Read about the new plan below:

Vitality is a comprehensive, interactive, and personalized wellness program that makes it easy for you to make healthy choices. When you're healthy, you feel better and enjoy a better quality of life overall. Once you become a registered member of Vitality on the PowerofVitality.com, we encourage you to begin your Personal Pathway® toward better health by taking the Vitality Health Review™ (VHR) a quick, confidential questionnaire on your current health and lifestyle. Based on your answers, we calculate your Vitality Age® and offer ways to help you maintain or improve your health. After you take the VHR, you'll be ready to begin earning Vitality Points™, raise your Vitality Status® and be rewarded by achieving your healthiest

Vitality Points

Vitality rewards your efforts to improve or maintain a healthy lifestyle. When you engage in health-related activities that we can track and measure, you will earn Vitality Points. There are a wide variety of Vitality activities designed to empower you with the tools necessary to reach your optimal health. Take some online nutrition courses, set your own health goal, exercise at a gym, use a fitness device linked to Vitality or have regular medical screenings. There are many options, and we recommend that you each engage in as many as you can.

Vitality Status

Vitality Status is a great way to track your progress and stay motivated. It's simple: As you earn more Vitality Points, you increase your Vitality Status. You begin at Bronze Vitality Status by taking the VHR. As you accrue Vitality Points, you can increase your Vitality Status from Bronze to Silver to Gold to Platinum.

Rewards

In addition to increasing your Vitality Status with Vitality Points, you may also use those same points to reward yourself. Every Vitality Point you earn equates to one Vitality Buck®, and when you increase your status, Vitality rewards you with Bonus Bucks!

life. Here's how it works:

Confidentiality

Now that you know the basics of the Vitality program, you're ready to begin and reap the benefits of healthier living. Please be assured that our members' privacy is a top priority at Vitality. We never share your personal health information with your employer or anyone else.



You make choices every day.
 Vitality makes it easier to make
 the healthy ones.



Kenneth Abbott
 Cindy Ayloush
 Sasha Ayloush
 Devin Carcano
 Adda Gutierrez
 Sarah Harris
 Danny Hency
 Olga Hernandez
 Rosa Jimenez
 Steven Kao
 Vivian Lee
 Crystal Mata
 Helen Mata
 William Meng
 Paul Navarro
 Danny Nguyen
 Tuan Nguyen
 Hoang Nhan
 Sandra Olivares
 Jose Pena
 Perla Portillo
 Maria Ramirez
 Robert Rubio
 Ana Ruiz
 Robinson Sioson
 Antoine Tran
 Juan Zamorategui

Mercedes Brown
 Abel De La Torre-Ramirez
 Benjamin Gonzalez
 Bradley Haskell
 Deborah Houston
 Eduardo Jimenez
 Jennifer Juarez
 Joshua Kreis
 Blanca Lamas
 Sam Lee
 David Lopez
 Rocio Lopez
 Samantha Luna
 Aldo Martinez
 Xeomara Menchaca
 Rony Molina
 Lan Nguyen
 Peter Nguyen
 John Olivas
 Sal Rojas
 Sergio Roman
 Ryan Ruvalcaba
 Hailey Seanz Fletcher
 Michael Streavel
 Linda Thurk
 Jasmine Torres
 Jazmin Villasenor

Alina Alvarez-Castro
 Yvonne Ayala
 Sean Chhom
 Chad Derrick
 Frederick Espinoza
 Alyssa Garcia
 Cesar Gomez
 Jackie Granados
 Ivonne Hernandez
 Gabriela Huitzil
 Andrew Kim
 Hung Mai
 Angela Osorio
 Andy Palacios
 Martin Pasillas
 Gabino Perales
 Lorena Real
 Natalie Rodriguez
 Anthony Sybunroeung
 Hung Tran
 Tiffany Tran
 Karla Villanueva
 Ricardo Villegas

MEET OUR NEW HIRES

Jason Whimpey—Hose Manufacturing
Anh Nguyen—Machine Shop
Daniel Newman—Facilities
Blanca Lamas—Marking/Bagging
Jose Quinones—Machine Shop
Miguel Avalos—Receiving Inspection
Janessa Gallardo—Marking/Bagging
Erick Alcantara—Hose Assembly
Jacob Slaven—Receiving Inspection
Jason Kosareff—Receiving Inspection
Gonzalo Cendejas—rehired in Shipping
Nathaniel Barba—Stockroom

7 Easy Ways to Save Water This Summer!

1. Water your yard in the morning or evening—water evaporates quickly when the sun is high.
2. Check for leaks with the toilet test—put a few drops of food coloring in your toilet tank, if the color shows up in the bowl, your tank is leaking, silently wasting water! An inexpensive rubber flapper may be all you need to fix it!
3. Shorten your shower—trimming just two minutes off your shower can save up to 1,750 gallons of water per person in your household each year.
4. Use the dishwasher—handwashing can use up to 27 gallons of water
5. Cover the pool—keeps the water from evaporating
6. Go to the car wash—washing a car at home can easily use 100 gallon of water
7. Get a rain barrel—collect the water that streams off your roof when it rains and reuse it for your garden

SAFETY PAGE

Housekeeping Safety Talk

By: Insurance Company of the West

Keep it Clean!

Whether you are a machinist, a driver or a computer jockey, workplace housekeeping is part of your job. A neat and orderly workplace—any kind of workplace—can help reduce injuries.

What's the Danger?

Good housekeeping can help prevent:

- Injury or death resulting from a trip or fall.
- Injury or death after being struck by an out-of-place object.
- Injury or death in a fire caused by improper storage or disposal of combustible materials.
- Reduced productivity because of time spent getting around or over someone else's clutter and looking for proper tools and materials.

It is not a guarantee that all clean workplaces are safe, but it is safe to say few messy workplaces are safe. Good housekeeping doesn't just happen. It requires effort and teamwork. Standards need to be set and followed.

How to Protect Yourself

Here are some recommended housekeeping practices:

- Keep work areas clean, free of clutter and arranged properly.
- Keep aisles, exits and entrances free of obstructions.
- Keep floors clean, dry and in good condition.
- Vacuum or sweep dusty areas frequently.
- Store all work materials in approved, clearly-labeled containers in designated storage areas only.
- Use proper waste containers.
- Keep sprinklers, fire alarms and fire extinguishers clear.
- Fix or report broken or damaged tools and equipment.
- Watch for wear and damage to electrical cables, cords, plugs and outlets.
- Remove from service any electrical equipment which has had makeshift repairs by unqualified, unauthorized personnel.
- Follow maintenance requirements.

Final Word

Good housekeeping can be a real morale booster. It should be encouraged as a way of life—not just a special activity when visitors are coming.



**This Quarter's \$100
Safety Lotto Winner is
George Chavez!**

